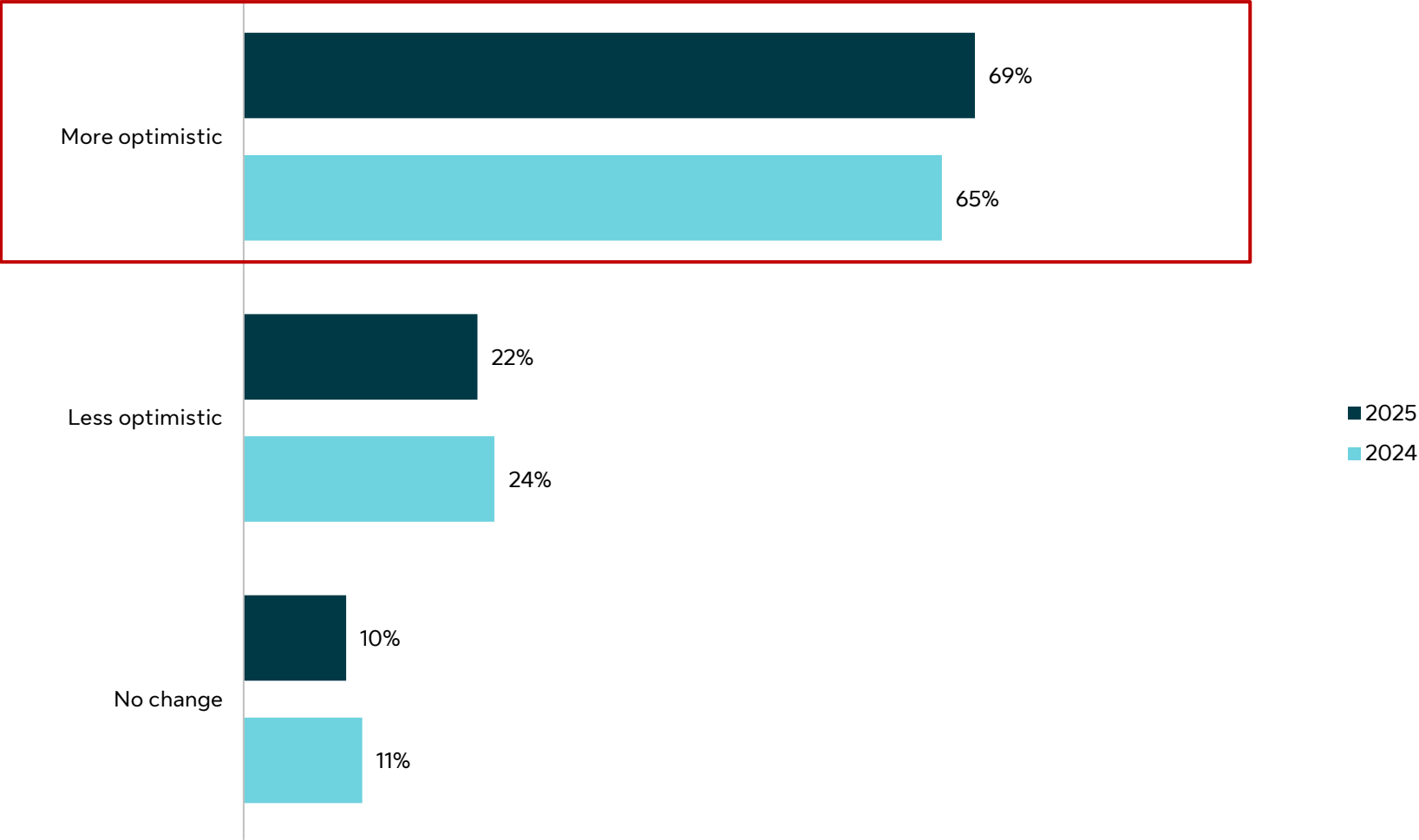


Sun Life Asia Financial Resilience Index 2025

Supplemental Information

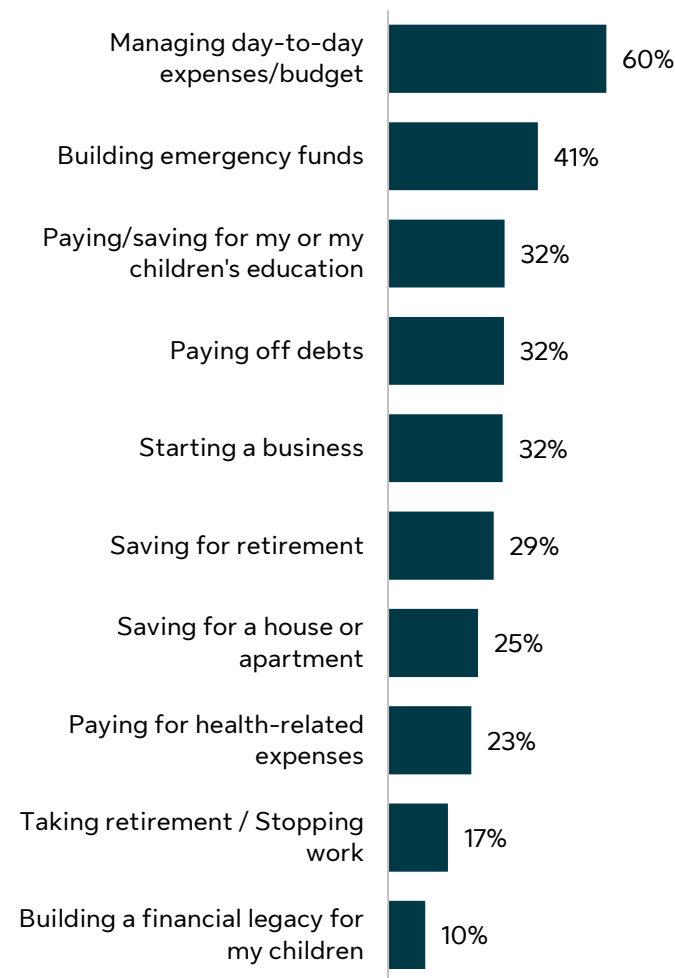
Singapore

How optimistic are you about your financial future compared to one year ago?

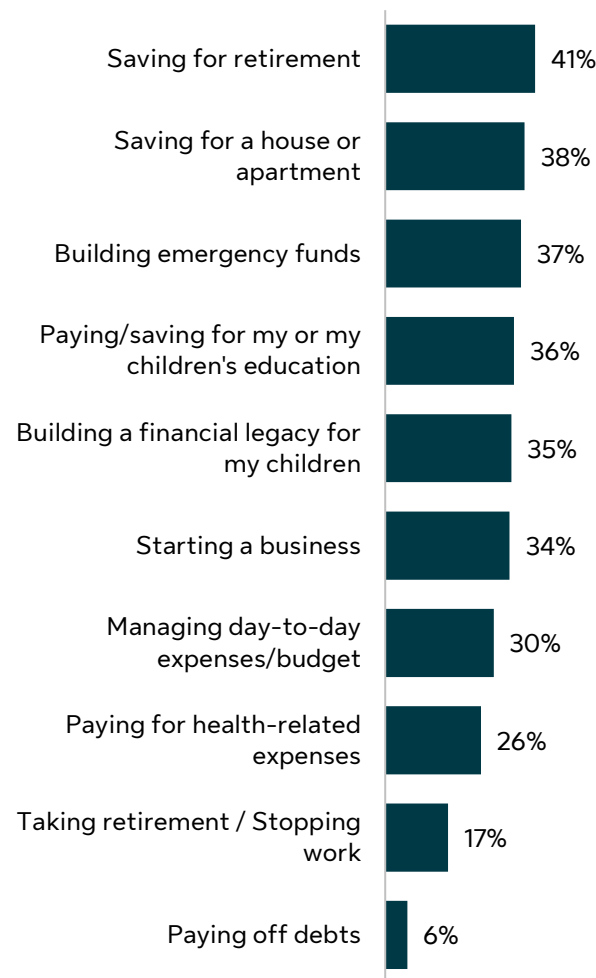


Optimism about financial future has slightly increased, with over two-thirds feeling more positive than a year ago.

What are your financial priorities over the next 12 months?



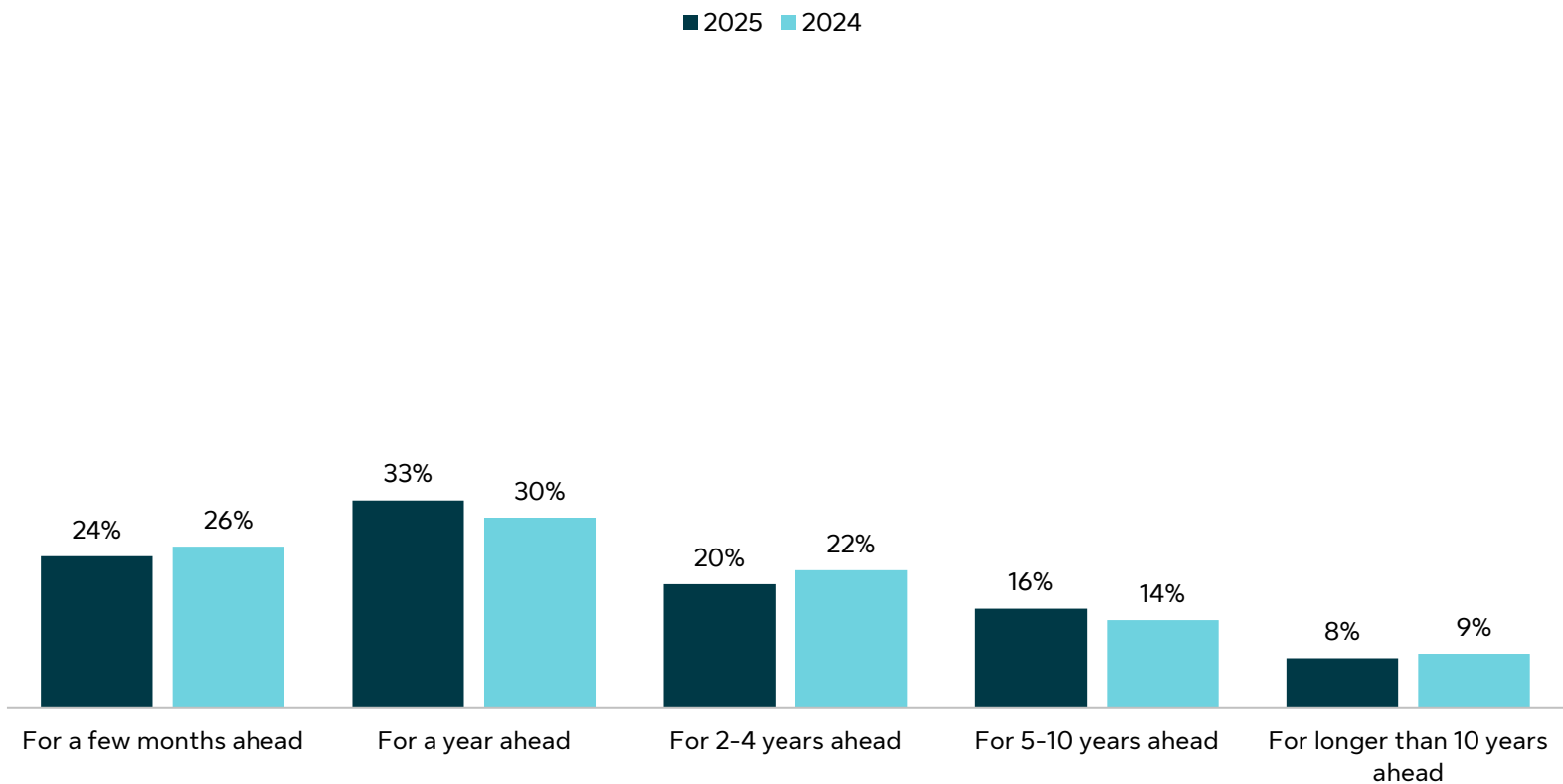
What are your financial priorities over the next 3-5 years?



Financial priorities shift to building financial security in 3-5 years

Retirement and house savings are in the plan after daily pressures subside.

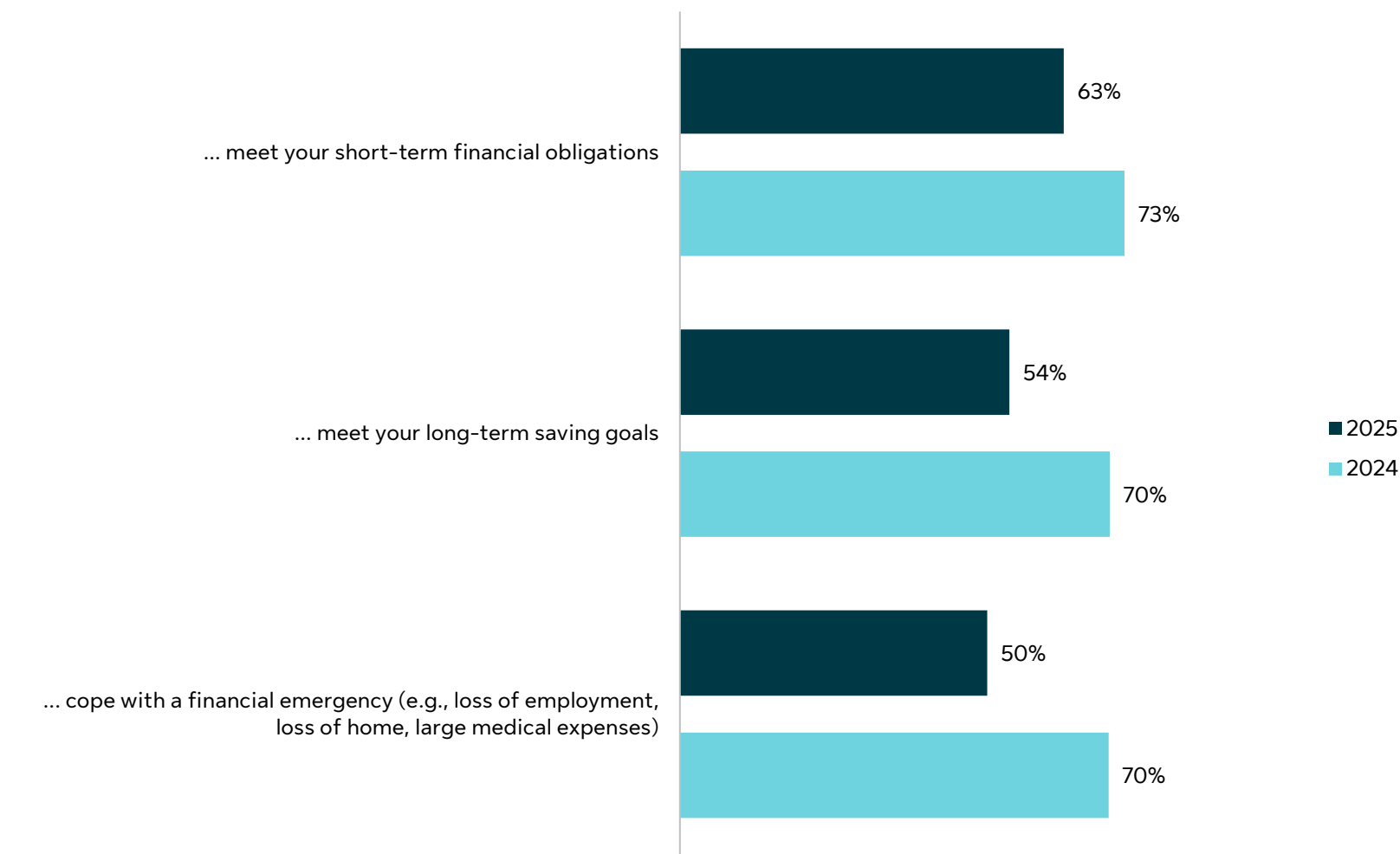
Do you have a financial plan for the future?



And more people are planning finances further ahead

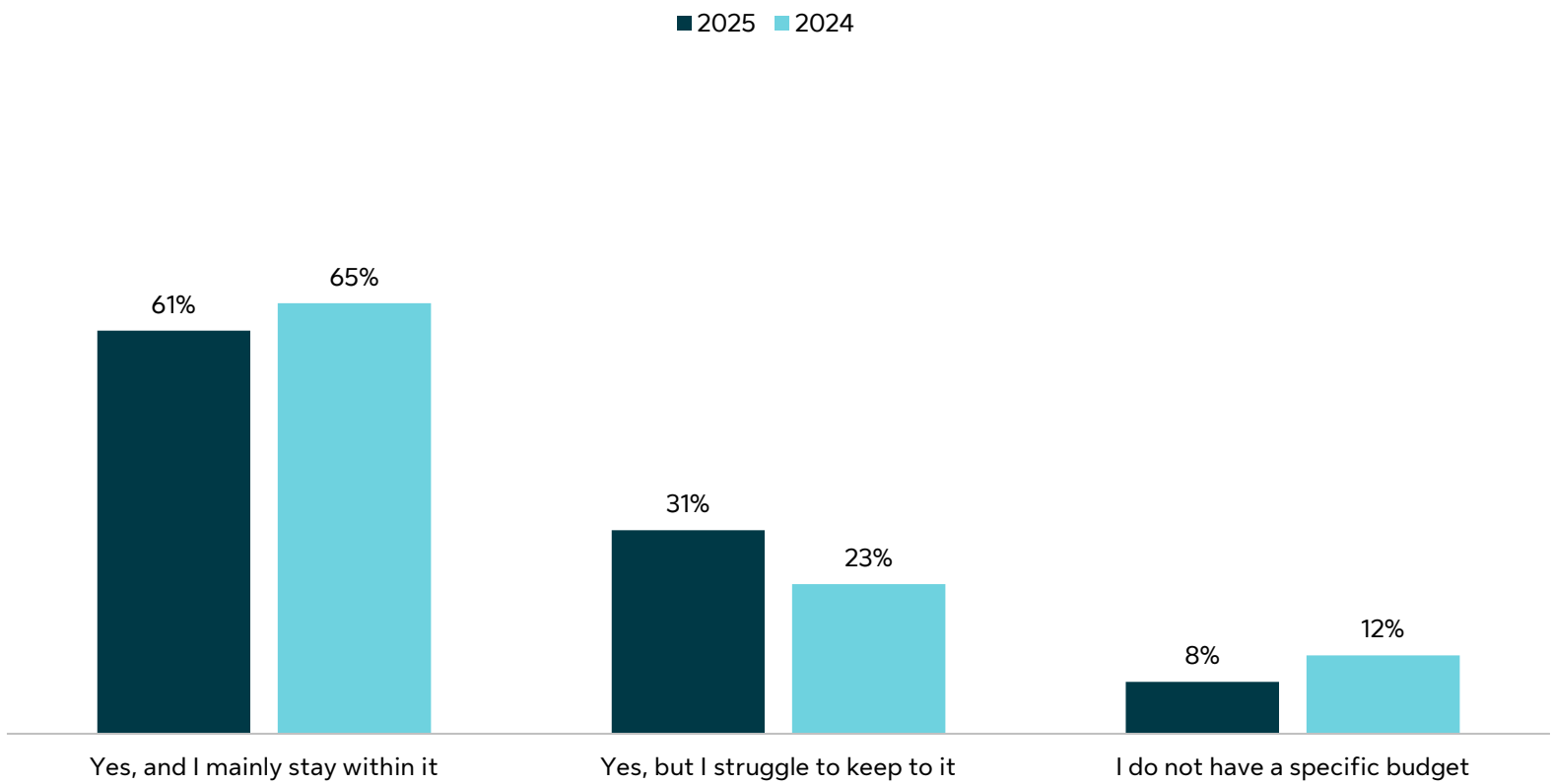
However, short-term thinking persists, with more than half still only planning for a year ahead or less

How confident are you in your ability to...? – (Very confident)



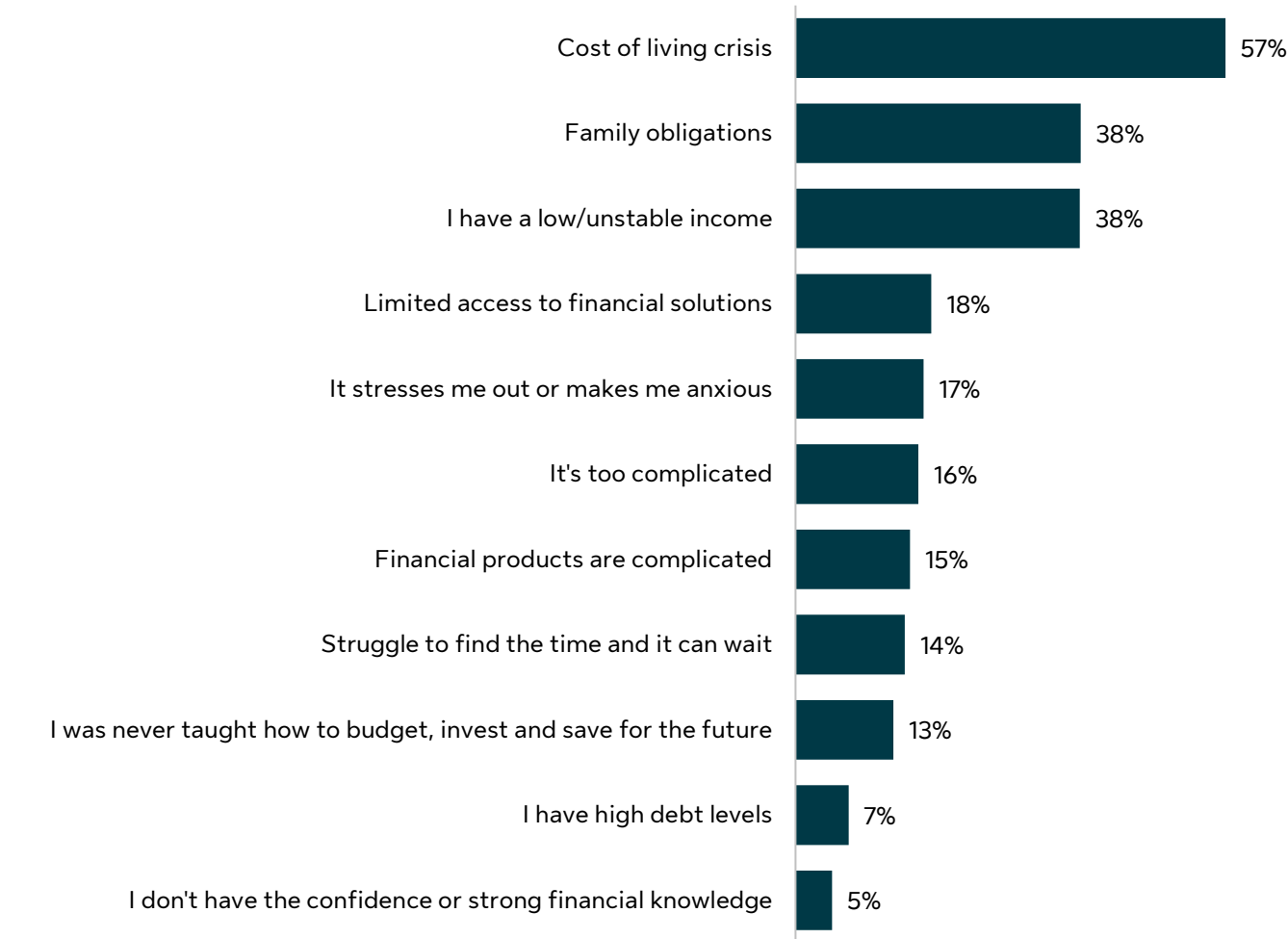
Additionally,
confidence in ability
to cope financially
short-term, long-
term and in
emergencies is down
this year

Do you have a budget for your daily or monthly spending?



More people are struggling to keep within the daily or monthly budget

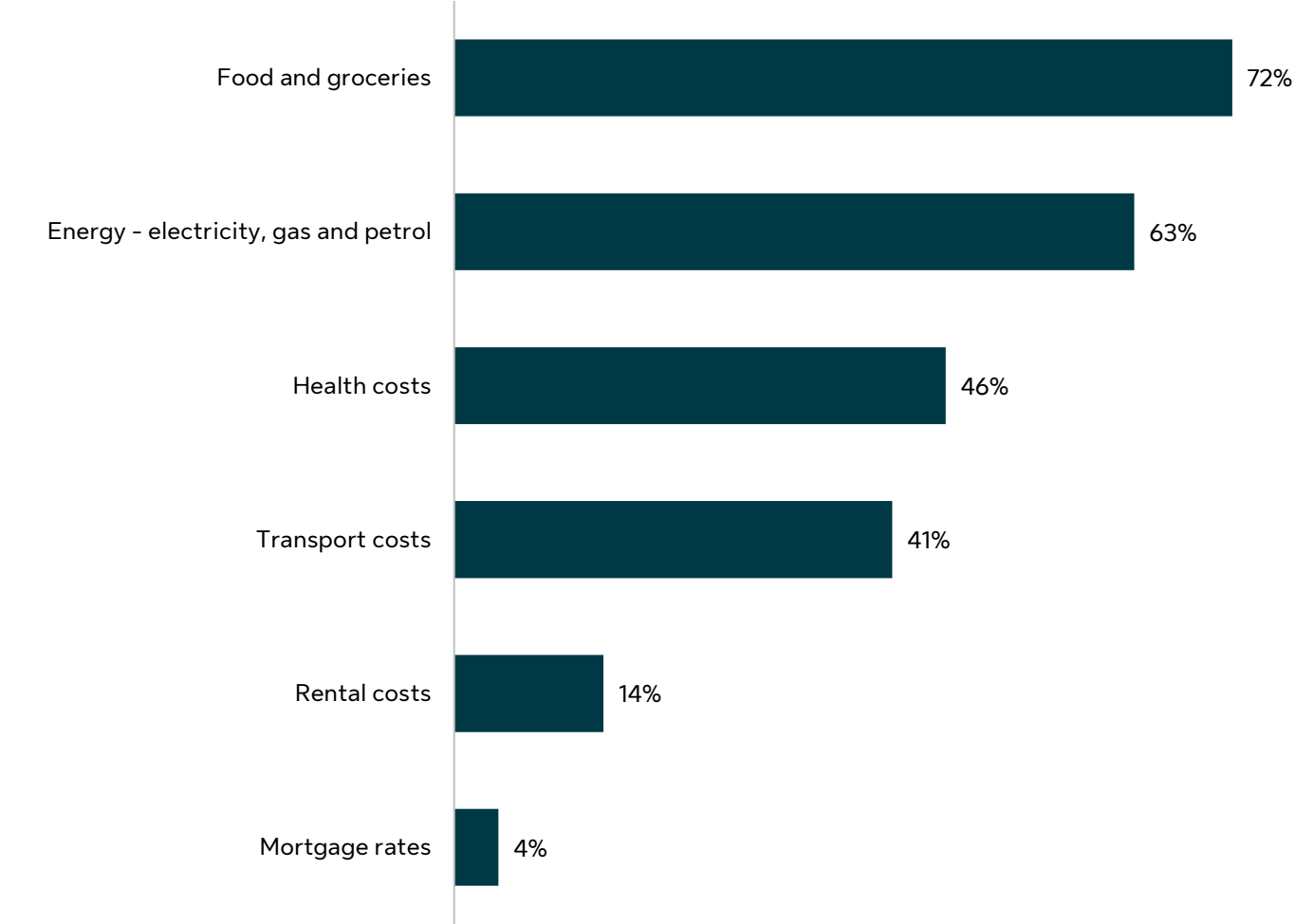
What stops you from taking greater control of your finances?



Cost of living is the main barrier to taking control of finances

Family obligations and low or unstable income contribute to financial instability.

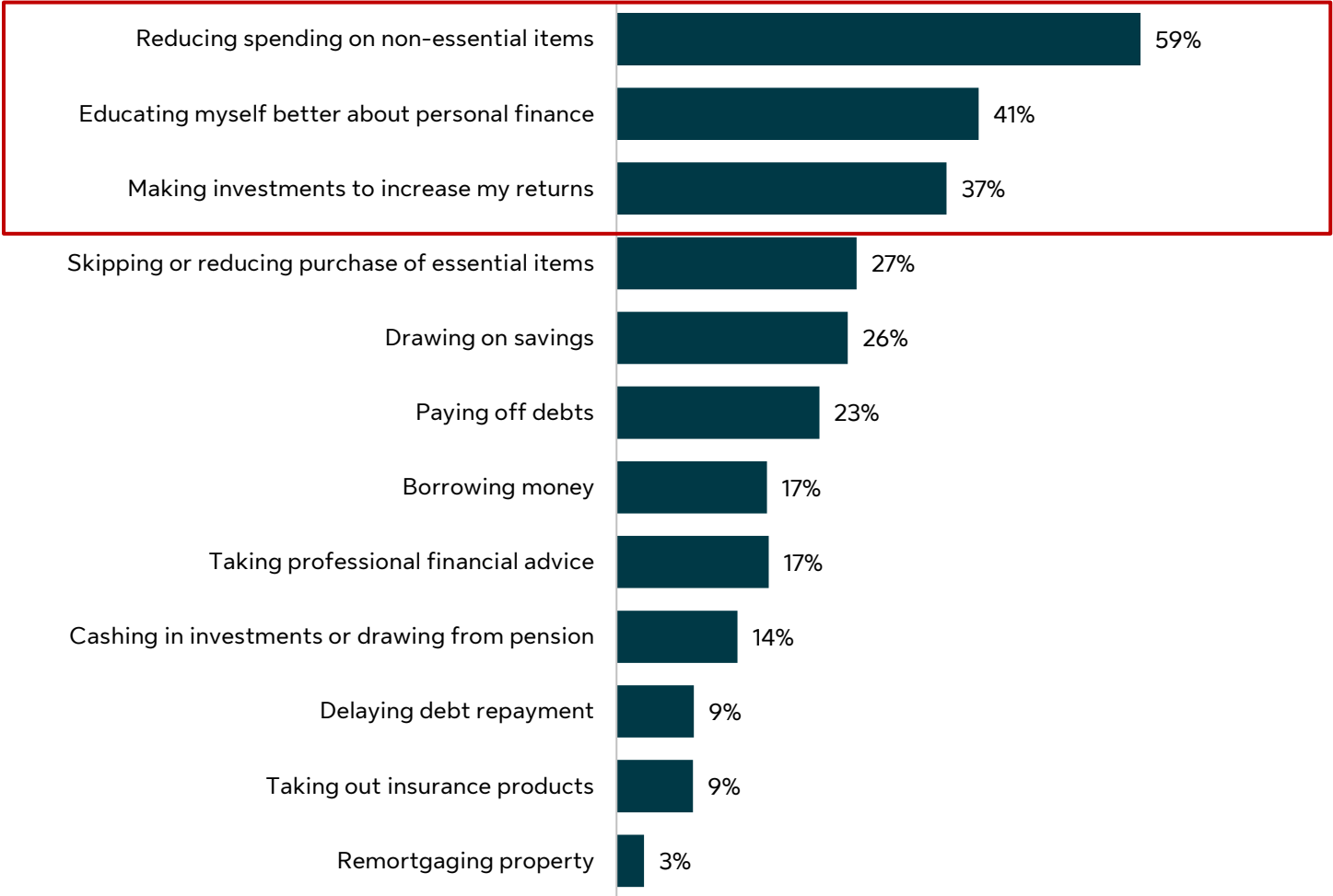
For which items have you experienced the greatest cost increases in the past 2 years?



Costs have increased in the past 2 years for all essential spending

Food, energy, health and transport costs have seen the greatest increases.

Which actions have you taken in the past 12 months to improve your household's financial situation?



Non-essential spend reduction, financial education and investments are top actions to improve financial situation

Important information

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For more information, please contact:

Sun Life Singapore

Lena Lin (Head of Marketing & Communications)

Lena.lin@sunlife.com

+65 8181 2571

Ang Yen Peng (Associate Director, Marketing & Communications)

Yp.ang@sunlife.com

+65 9825 0574

Sandpiper on behalf of Sun Life Singapore

Lee Jingyi

lee.jingyi@sandpipercomms.com

+65 9648 9977

Amir Sadiq

amir.sadiq@sandpipercomms.com

+65 9155 9751